

## Personlige oplysninger

Født 3. marts 1979 i Lund, Sverige  
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## Uddannelse

Juni 2007 Candidata Medicinae, Københavns Universitet  
Marts 2019 Ph.d. Københavns Universitet  
Januar 2020 Universitetspædagogikum, Institut for Naturfagernes Didaktik, Københavns Universitet.

## Research outputs

### **Effectiveness of an adaptive, multifaceted intervention to enhance care for patients with complex multimorbidity in general practice: protocol for a pragmatic cluster randomised controlled trial (the MM600 trial)**

Holm, Anne, Lyhnebeck, A. B., Rozing, Maarten Pieter, Buhl, S. F., Willadsen, Tora Grauers, Prior, A., Christiansen, Ann-Kathrin Lindahl, Kristensen, J., Andersen, John Sahl, Waldorff, Frans Boch, Siersma, Volkert Dirk, Brodersen, John Brandt, Reventlow, Susanne & MM600 project team, M. P. T., 2024, In: BMJ Open. 14, 2, 11 p., e077441.

### **Definition og afgrænsning af multisygdom: Definition and delimitation of multimorbidity**

Willadsen, Tora Grauers, Holm, Anne, Kristensen, J., Waldorff, Frans Boch, Reventlow, Susanne & Prior, A., 2023, In: Ugeskrift for Læger. 185, 42, 6 p., V05230340.

### **The effect of disease onset chronology on mortality among patients with multimorbidity: A Danish nationwide register study**

Willadsen, Tora Grauers, Siersma, Volkert Dirk, Nicolaisdottir, Dagny Ros, Køster-Rasmussen, Rasmus, Reventlow, Susanne & Rozing, Maarten Pieter, 2022, In: J Multimorb Comorb .. 12, 10 p.

### **Drug-drug interaction between warfarin and statins: A Danish cohort study. Br J Clin Pharmacol**

Engell, A. E., Lind, B. S., Andersen, Christen Bertel L, Andersen, John Sahl, Willadsen, Tora Grauers, Persson, F. & Pottegård, A., 2021, In: British Journal of Clinical Pharmacology. 87, 2, p. 694-699 6 p.

### **Kompedium i Tidlig Patientkontakt (Compendium. Early Patient Encounter)**

Andersen, John Sahl, Willadsen, Tora Grauers & Jønsson, Alexandra Brandt Ryborg, 2021

### **Prioritizing social identities: Patients' perspective on living with multimorbidity**

Sand, C., Rahbek, K., Willadsen, Tora Grauers & Jønsson, Alexandra Brandt Ryborg, 2021, In: Journal of Comorbidity. 11, 10 p.

### **Symptom burden in multimorbidity: A population-based combined questionnaire and registry study from Denmark**

Willadsen, Tora Grauers, Siersma, Volkert Dirk, Nicolaisdottir, Dagny Ros, Jarbol, D., Guassora, Ann Dorrit, Reventlow, Susanne & Køster-Rasmussen, Rasmus, 2021, In: BMJ Open. 11, 4, e041877.

### **Heterogenitet i multisygdomsdefinitionen: Hvilke konsekvenser kan det have?**

Willadsen, Tora Grauers, Jønsson, Alexandra Brandt Ryborg, Reventlow, Susanne, Brodersen, John Brandt & Møller, Anne, 2020, In: Tidsskrift for forskning i sygdom og samfund. 32, p. 95-119 25 p.

### **The association between clusters of chronic conditions and psychological well-being in younger and older people-A cross-sectional, population-based study from the Lolland-Falster Health Study, Denmark**

Tang, L. H., Thygesen, L. C., Willadsen, Tora Grauers, Jepsen, R., la Cour, K., Frølich, Anne, Møller, Anne, Jørgensen, L. B. & Skou, S. T., 2020, In: Journal of Comorbidity. 10, 12 p.

### **Multimorbidity - presentation, mortality, and structured personal care**

Willadsen, Tora Grauers, 26 Mar 2019, 252 p.

### **Hvad er multimorbiditet? Og hvor slemt skal man have det for at have multimorbiditet?**

Willadsen, Tora Grauers & Jønsson, Alexandra Brandt Ryborg, 2019, In: Månedsskrift for Almen Praksis. 4

### **Overdiagnosis in multimorbidity. A global challenge**

Jønsson, Alexandra Brandt Ryborg, Reventlow, Susanne, Willadsen, Tora Grauers, Møller, Anne & Brodersen, John Brandt, 2019, In: BMJ Evidence-Based Medicine. 24, Supplement 2, 2 p., 5.

### **Multimorbidity and mortality: A 15-year longitudinal registry-based nationwide Danish population study**

Willadsen, Tora Grauers, Siersma, Volkert Dirk, Nicolaisdottir, Dagny Ros, Køster-Rasmussen, Rasmus, Jarbøl, D. E., Reventlow, Susanne, Mercer, S. & Olivarius, Niels de Fine, 2018, In: Journal of Comorbidity. 8, p. 1-9 9 p., 8.

### **The development of multimorbidity during 16 years after diagnosis of type 2 diabetes**

Pouplier, S., Olsen, M. Å., Willadsen, Tora Grauers, Sandholdt, H., Siersma, Volkert Dirk, Andersen, Christen Bertel L & Olivarius, Niels de Fine, 2018, In: Journal of Comorbidity. 8, 1, p. 1-9 9 p.

### **The effect of structured personal care on diabetes symptoms and self-rated health over 14 years after diabetes diagnosis**

Willadsen, Tora Grauers, Siersma, Volkert Dirk, Nielsen, Anni Brit Sternhagen, Køster-Rasmussen, Rasmus, Guassora, Ann Dorrit, Jarbol, D. E., Eusebi, P., Malterud, Kirsti, Reventlow, Susanne & Olivarius, Niels de Fine, 2018, In: Primary Care Diabetes. 12, 4, p. 354-363 10 p.

### **Exploring the concurrent validity of the nationwide assessment of permanent nursing home residence in Denmark: A cross-sectional data analysis using two administrative registries**

Bebe, Anna, Nielsen, Anni Brit Sternhagen, Willadsen, Tora Grauers, Søndergaard, J., Siersma, Volkert Dirk, Nicolaisdottir, Dagny Ros, Kragstrup, Jakob & Waldorff, Frans Boch, 29 Aug 2017, In: B M C Health Services Research. 17, p. 1-7 7 p., 607.

### **Prevalence and mortality of multimorbidity in Denmark – a register based study**

Willadsen, Tora Grauers, 16 Jun 2017.

### **Self-rated health and its relevance for general practice and public health**

Willadsen, Tora Grauers, 16 Jun 2017.

### **Multisygdom og behandling på Lolland-Falster**

Guassora, Ann Dorrit, Jønsson, Alexandra Brandt Ryborg, Kristensen, Mads Aage Toft & Willadsen, Tora Grauers, 2016, In: Practicus. 39, 230, p. 14-15 2 p.

### **The role of diagnoses, risk factors, and symptoms in the definition of multimorbidity - a systematic review**

Willadsen, Tora Grauers, Køster-Rasmussen, Rasmus, Jarbøl, D., Guassora, Ann Dorrit, Waldorff, Frans Boch, Reventlow, Susanne & Olivarius, Niels de Fine, 2016, In: Scandinavian Journal of Primary Health Care. 34, 2, p. 112-121 10 p.

### **The relevance of multimorbidity for patients and general practitioners - the role of diagnoses, risk factors and symptoms in the definition. Results from a systematic review**

Willadsen, Tora Grauers, 18 Jun 2015.

### **What is there in self-rated health?**

Willadsen, Tora Grauers, 18 Jun 2015.

### **Validation of permanent nursinghome residency in a nation-wide Danish database**

Willadsen, Tora Grauers, 16 Jun 2015.

### **Problems and challenges in relation to the treatment of patients with multimorbidity: General practitioners' views and attitudes**

Søndergaard, Elisabeth, Willadsen, Tora Grauers, Guassora, Ann Dorrit, Vestergaard, M., Tomasdottir, M., Borgquist, L., Holmberg-Marttila, D., Olivarius, Niels de Fine & Reventlow, Susanne, Jun 2015, In: Scandinavian Journal of Primary Health Care. 33, 2, p. 121-126

**Problems and challenges in relation to treatment of patients with multimorbidity: Doctors' views and attitudes.**

Søndergaard, Elisabeth, Willadsen, Tora Grauers, Guassora, Ann Dorrit, Vestergaard, M., Tomasdottir, M. O., Borquist, L., Holmberg-Marttila, D., Olivarius, Niels de Fine & Reventlow, Susanne, 2015, In: Scandinavian Journal of Primary Health Care. 33, 2, p. 121-126 6 p.

**Diabetes-related symptom burden and self-rated health during 14 years after diabetes diagnosis**

Willadsen, Tora Grauers, 2014

**Multimorbiditet**

Willadsen, Tora Grauers, 2014.

**The impact of depression in patients newly diagnosed with mild Alzheimer's disease on permanent nursing home placements and mortality**

Willadsen, Tora Grauers, 2014.

**Patients with multimorbidity in general practice**

Willadsen, Tora Grauers, 23 Aug 2013.

**Multimorbiditet**

Willadsen, Tora Grauers, 2013

## **Ansættelser**

1.10.2020- Hoveduddannelse Almen Medicin, Region Hovedstaden.

1.8.2019-Adjunkt, Afdeling for Almen Medicin, Institut for Folkesundhedsvidenskab, Københavns Universitet.

8.2.2019-31.7.2019Postdoc, Afdeling for Almen Medicin, Institut for Folkesundhedsvidenskab, Københavns Universitet.

30.6.2018-7.2.2019Forskningsassistent, Forskningsenheden for Almen Praksis, København.

1.1.2014-29.6.2018Ph.d.-studerende, Forskningsenheden for Almen Praksis, København (perioden inkluderer barselsorlov med mit tredje barn)

1.3.2013-31.12.2014Forskningsassistent, Forskningsenheden for Almen Praksis, København

15.6.2012-28.2.2013Hoveduddannelsesvikariat (vikarierande specialisttjänstläkare) i almen medicin, Vårdcentralen Arlöv, Sverige

1.9.2010-31.5.2012Introduktionsstilling i almen medicin – Allinge lægehus, Bornholm (perioden inkluderer barselsorlov med mit andet barn)

1.1.2010-30.6.2010 Turnuslæge i almen praksis - læge Kirsten Rasmussen, Brogårdsvænget 4, 2820 Gentofte

1.4.2008-31.12.2009Turnuslæge, Medicinsk Afdeling O, Herlev Hospital (perioden inkluderer barselsorlov med mit første barn)

1.10.2007-31.3.2008Turnuslæge, Urologisk Afdeling H, Herlev Hospital

2006 Sep. - Okt.Reservelægevikar Psykiatrisk Center Glostrup, Nordvang

2004 - 2008Timeansat for Kræftens Bekæmpelse. Var sammen med en kollega ansvarlig for dataindsamling for den danske del af et nordisk fællesprojekt om prostatacancer.

2001-2003Sygeplejevikar (SPV) gennem FADL - bl.a. dispensationsaftale med børneafd. 5061 på Rigshospitalet, som er

et semiintensivt afsnit.

## Indlæg ved møder og kongresser

Jønsson ABR, Reventlow S, Willadsen TG, Rozing M, og Brodersen J. "Opsporing af overset fysisk sygdom hos mennesker med svær psykisk sygdom". Oplæg ved seminar om Overset sygdom og overdødelighed blandt mennesker med handicap, 13. januar, 2020, Region Sjælland.

Jønsson ABR, Reventlow S, Willadsen TG, Møller A, and Brodersen J. Overdiagnosis in multimorbidity. A global challenge. *BMJ Evidence-Based Medicine*, 2019, 5(2): 2. Sydney, Australia.

Jønsson ABR, Willadsen TG, Brodersen J, Møller A, Koskela T, Mjølstad BP, and Reventlow S. Multimorbidity: New Perspectives on the (Over?)Diagnosis of Patients (symposium) 21th Nordic Congress of General Practice, Aalborg, Denmark, 2019.

Willadsen TG, Siersma V, Rós Nicolasdóttir D, Køster-Rasmussen R, Jarbøl DE, Reventlow S, and de Fine Olivarius N. Symptom burden in multimorbidity. A combined population based questionnaire study and registry study (oral presentation), 21th Nordic Congress of General Practice, Aalborg, Denmark, 2019.

Willadsen TG. Prevalence and consequences of multimorbidity in Denmark. Results from a register-based study. Presentation på Folkesundhedsdatabasens årsmøde, Institut for Folkesundhedsvidenskab, Københavns Universitet, 2019.

Deltager og dermed repræsentant for Forskningsenheden for Almen Praksis i København i Ph.d.-cup ved Dansk Selskab for Almen Medicins årsmøde, 5. oktober, 2018, Kolding, Danmark.

Oplæg om "Definitionen af multimorbiditet" ved 5. workshop om multisygdom i Region Hovedstaden 13. september, 2018, Bispebjerg Hospital, København.

Anne Møller, Tora Grauers Willadsen, Alexandra Brandt Ryborg Jönsson, and Susanne Reventlow. Definition of multimorbidity and risk of overdiagnosis. Seminar at the 6th International Conference on Preventing Overdiagnosis, Copenhagen, Denmark, 20-22th August, Copenhagen, 2018.

Willadsen TG, Bebe A, Køster-Rasmussen R, Jarbøl DE, Waldorff FB, Guassora AD, Reventlow S, Olivarius NdF. Prevalence and mortality of multimorbidity in Denmark – a register based study (oral presentation), 20th Nordic Congress of General Practice, Reykjavik, Iceland, 2017.

Waller G, Willadsen TG, et al. Self-rated health and its relevance for general practice and public health (presentation at a symposium), 20th Nordic Congress of General Practice, Reykjavik, Iceland, 2017.

Willadsen TG, Bebe A, Køster-Rasmussen R, Jarbøl DE, Waldorff FB, Guassora AD, Reventlow S, Olivarius NdF. The relevance of multimorbidity for patients and general practitioners - the role of diagnoses, risk factors and symptoms in the definition. Results from a systematic review (oral presentation), 19th Nordic Congress of General Practice, Gothenburg, Sweden, 2015.

Waller G, Forssén A, Willadsen TG, Nielsen ABS, Vie TL, Meland E. What is there in self-rated health? (presentation at a symposium), 19th Nordic Congress of General Practice, Gothenburg, Sweden, 2015.

Bebe A, Nielsen ABS, Søndergaard J, Willadsen TG, Siersma V, Kragstrup J, Raahede A, Waldorff FB. Validation of permanent nursinghome residency in a nation-wide Danish database (poster), 19th Nordic Congress of General Practice, Gothenburg, Sweden, 2015.

Waldorff FB, Phung K, Bebe A, Willadsen TG, Siersma V, Waldemar G. The impact of depression in patients newly diagnosed with mild Alzheimer's disease on permanent nursinghome placements and mortality (poster), Alzheimer's Association International Conference, Copenhagen, Denmark, 2014.

Willadsen TG, Siersma V, Nielsen ABS, Olivarius NdF. Diabetes-related symptom burden and self-rated health during 14 years after diabetes diagnosis (mundtlig præsentation), symptomforskernetværksmøde, Odense, Danmark, 2014.

Guassora AD, Willadsen TG, Bebe A. Multimorbiditet (posterpræsentation), Almen medicinsk Forskningsworkshop, Middelfart, Danmark, 2014.

Reventlow S, Kragstrup J, Willadsen TG. Multimorbiditet (præsentation på workshop), Dansk Selskab for Almen Medicins årsmøde, Kolding, Danmark, 2013.

Reventlow S, Søndergaard E, Willadsen TG, Guassora AD, Olivarius NdF. Patients with multimorbidity in general practice (workshop), 18th Nordic Congress of General Practice, Tampere, Finland, 2013.

## Undervisning og vejledning

Underviser i kritisk litteraturlæsning på Almenmedicinsk Forskningstræning, Region Øst, København.

Underviser og eksaminerer i "Tidlig patientkontakt" på medicinstudiets 1. semester (siden 2016).

Underviser på Speciallægeuddannelsen i Almen Medicin (SPEAM).

Undervist på diplommodul om "Den multisyge patient" for erfarne medicinske sygeplejersker på Københavns Professionshøjskole og på Bornholms Hospital (oktober 2018).

Vejledning:

Medvejleder for:

Pouplier S, cand.med.stud. (2016-2017)

Dinesen C, cand.med.stud. (spring 2019)

Hovedvejleder for:

Drivsholm CS and Rahbek K,

cand.scient.san.publ.stud. (2019-2020)

Sarah Busk-Johansen, cand.med.stud. (2020)

## Legater/fondsmidler

2020: 200 000 DKK, Forskningsfonden for Almen Praksis.

2019: 550 000 DKK, Helsefonden

2016: 500 000 DKK, Praksissektorens Forskningsråd i Region Hovedstaden,  
100 000 DKK, Region Sjællands særlige pulje

2015: 300 000 DKK, Helsefonden,  
23 500 DKK, Fonden til Lægevidenskabens Fremme  
4000 DKK, Oticonfonden  
10 000 Torben og Alice Frimodts Fond

2014: 495 000 DKK, København Universitet, Institut for Folkesundhedsvidenskab

2013: 6250 DKK, Sara Krabbes Legat

## Kurser

Phd-kurser:

2015 Register-based Epidemiology, Syddansk Universitet, 6 ECTS.

2014 Medical Writing Course, Københavns Universitet, 3, 4 ECTS.  
Basic Statistics for Health Researchers, Københavns Universitet, 13 ECTS.  
Use of SAS statistical software, Københavns Universitet, 2, 7 ECTS.  
Responsible conduct of research, Københavns Universitet, 2 ECTS.

2013 Personalized medicine: advanced approaches for prediction of drug response and personalization of drug treatments, Københavns Universitet, 2, 8 ECTS.

Andre kurser:

2021 Kursus i basal farmakologi for yngre læger, Klinisk Farmakologisk afdeling, Bispebjerg og Frederiksberg Hospital, Region Hovedstaden.

2014 How to practice Evidence-Based healthcare, Norwegian Knowledge Centre for the Health Services, Holmsbu, Norge, 19-23. maj, 2014.

2013 Development of the Model Training Course for Family Physicians on managing Multimorbidity, Ghent University, Ghent, Belgien, 14-16. okt. 2013.

2011 Dagens Medicin  
Gynækologi og mikroskopi  
Neurologi og neurofysiologi

2009 Lægeforeningen:  
Akut pædiatri  
Akut medicinsk skadestue

2008 Hovedstadsregionens lægekredsforening:  
Snus til samtaleterapi  
Praktisk antibiotikaterapi  
Praktisk EKG-diagnostik

## **Øvrigt**

2015-2017 Medlem af FYAM-udvalget og medlem i Forskningsudvalget under DSAM  
2017-2018 Suppleant i FYAM-udvalget og Forskningsudvalget DSAM

## **Internationale relationer**

Samarbejder med dr. Stewart Mercer, professor i almen medicin ved General Practice and Primary Care, Institute of Health and Wellbeing, University of Glasgow, Skotland.

Medlem af "International Research Community on Multimorbidity", Sherbrooke University, Canada

## **Administrativt ansvar**

Delansvarlig og koordinerende for forskergruppen om multimorbiditet på Center for Forskning og Uddannelse i Almen Medicin, København.

Leder af den Københavnske registerforskningsgruppe, af det landsdækkende interventionsprojektet, om behandling af patienter med multisygdom i almen praksis (OK22).